

Making it delicious

Marinated Lentil Salad



Ingredients

- 3 cups cooked lentils
- ½ bunch parsley
- 1 pint grape tomatoes
- ¼ small red onion
- 2 oz. feta cheese, crumbled

Dressing:

- 1 lemon
- ¼ cup olive oil
- 2 cloves garlic, minced
- ½ Tbsp. dried oregano
- ½ tsp. salt
- Black pepper to taste



Recipe adapted from www.budgetbytes.com

Instructions

- Wash, dry, and zest the lemon.
- Add the zest to a large bowl, then juice the lemon and add the juice to the bowl with the zest.
- Add the olive oil, garlic, oregano, salt, and black pepper, and whisk everything together.
- Rinse the half bunch of parsley well, and shake it dry. Roughly chop the leaves and add them to the bowl.
- Wash the grape tomatoes and cut them in half, and finely dice the red onion; add them to the bowl.
- Add the cooked, cooled, lentils and finally the crumbled feta. Mix well.